

Code of Conduct – Oakhill Leisure

Following Government guidelines allowing us to re-open we have needed to put in to place the following new procedures to allow for the safe use of Oakhill Leisure.

- If you have COVID-19 symptoms – **STAY AT HOME & GET TESTED**
- Keep your distance inside and outside of the gym – 2 meters or 1m+
- Avoid all physical contact where possible
- Follow any signage in place for your own protection
- Please arrive ready to workout - Showers, changing rooms and the sauna will remain CLOSED until further notice
- Please use the booking system for all gym and class attendance – Class capacity and gym floor numbers have been reduced to ensure social distancing. Without a booked place attendance will not be permitted
- Members that do not attend 2 bookings in a 2 week period, without prior cancellation, will not be able to use the online booking system for a period of two weeks
- Please bring your own equipment where applicable for classes to avoid shared use. For example, towels, Yoga mats & boxing gloves. Weights will be provided and sanitised between bookings
- Where equipment is provided in classes 6 sanitising sprays will be provided allowing 6 people to clean the equipment they have used before they leave, then the second 6 people can clean their equipment and so on
- Hand sanitiser should be used on entering reception – separate stations are available throughout the facility and should be used regularly
- Please use your own towel when on equipment
- Please sanitise each piece of equipment before and after every use. Follow the instructions of how to do this.
- Lockers upstairs in the foyer are available for use
- Please give way to people leaving the facility and/or coming down the stairs.
- It is your responsibility to follow the guidelines
- In addition staff will also be cleaning and sanitising equipment throughout the day
- The gym, studio and spin studio will all be 'fogged' with disinfectant at least once a week
- Oakhill Leisure reserves the right to amend and update these rules at any time and prohibit any member who is not following them